



Monday	Tuesday	Wednesday	Thursday	Friday
May 1 Rotini* with Homemade Meat Sauce Broccoli Fruit	May 2 All-Beef Hot Dog on a Bun* Oven-Baked Spiral-Cut French Fries Celery Sticks with Ranch Dressing Fresh Grapes	May 3 Chicken Bowl with Mashed Potatoes & Corn* Honey Wheat Dinner Roll* Fresh Orange	May 4 Tangerine Chicken Brown Rice* Sliced Carrots Fruit Animal Crackers*	May 5 Chicken Crispito* with Salsa Cinco de Mayo Rice* Black Beans Strawberry / Kiwi Slushie Pears
May 8 Chicken Sandwich* Parsley Redskin Potatoes Fruit	May 9 Asian Beef Noodles* Green Beans Fruit	May 10 BBQ Shredded Chicken Hoagie* with Melted Cheese Kettle-Baked Beans Fruit	May 11 Build-Your-Own Crunchy Beef Tacos* & Salsa Baby Carrots Fresh Banana	May 12 Individual Pan Cheese Pizza* California Blend Veggies Salad Fresh Apple
May 15 Chicken Parmigiana Hoagie* California Blend Veggies Fresh Apple	May 16 Beef Sloppy Joe on a Bun* Baby Carrots Fresh Pear	May 17 Beef Tacos* with Black Beans, Corn & Salsa Fruit	May 18 BBQ Turkey Burger on a Bun* Scalloped Potatoes Celery Sticks with Ranch Dressing Fruit	May 19 Mac & Cheese* Salad Pears Honey Wheat Dinner Roll*
May 22 Chicken Soft Tacos* with Salsa Black Beans Peaches	May 23 BBQ Chicken Sandwich on a Bun*^A Corn Fruit	May 24 Chicken Brown Rice* / Green Beans Fresh Apple Honey Wheat Dinner Roll* Cookie*	May 25 Turkey/Ham Sandwich Pretzels Juice Fruit LAST DAY OF SCHOOL!!!	
May 29 	May 30	May 31	Color My Plate: Farmer's Markets When the weather gets warmer, many communities operate farmer's markets. A farmer's market is a place where local farmers sell fruits, vegetables, and other foods directly to consumers. It's a fun and inexpensive way to purchase fresh produce. It's also a great way to support the local economy. To find a farmer's market near you, visit the website for your state's Department of Agriculture.	

BREAKFAST SERVED DAILY

MONDAY- MILK, YOGURT, FRUIT, JUICE, CEREAL,
TUESDAY- MINI PANCAKES, CEREAL, YOGURT, JUICE,
FRUIT, MILK
WEDNESDAY- MUFFINS, YOGURT, MILK, JUICE,
CEREAL, FRUIT
THURSDAY- BAGELS, MILK, CEREAL, YOGURT, JUICE,
FRUIT
FRIDAY- NUTRI-GRAIN BAR, MILK, CEREAL, JUICE,
FRUIT, YOGURT

Around the World in a Lunch Period – Mexico

On May 5, commemorate the Mexican victory over the French at the Battle of Puebla. Join the **Culinary Explorations** team for Cinco de Mayo! This holiday is actually more popular in the United States than it is in Mexico with people throwing parties and chowing down on everything from chalupas to guacamole. In honor of the occasion, we will serve a special meal of chicken crispitos, special homemade rice, and fan favorite slushies. Did you know . . .

- Staples of Mexican cooking include corn, tomatoes, avocados, beans, chili peppers, meats, cheeses, and rice?
- There are regional differences in cuisine based on geography and local ingredients?
- Vendors in Mexico sell famous "street food" such as gorditas, tamales, and elotes?
- The United Nations Educational, Scientific, and Cultural Organization (UNESCO) has designated traditional Mexico cuisine an Intangible Cultural Heritage?



¡Buen provecho!