

April 2017 K-6 Lunch Smart Menu

Monday	Tuesday	Wednesday	Thursday	Friday
April 3 Chicken Parmigiana Hoagie* California Blend Veggies Apple	April 4 Beef Sloppy Joe on a Bun* Baby Carrots Fresh Pear	April 5 Beef Tacos with Black Beans, Corn & Salsa Fruit	April 6 BBQ Turkey Burger on a Bun* Scalloped Potatoes Celery Sticks with Ranch Dressing Fruit	April 7 Mac & Cheese* Peas Pears Honey Wheat Dinner Roll*
April 10 Chicken Soft Tacos* with Salsa Black Beans Fruit	April 11 BBQ Chicken Sandwich on a Bun*^A Corn Fruit	April 12 Greek-Style Chicken Brown Rice* / Green Beans Fresh Apple Honey Wheat Dinner Roll* Cookie*	April 13 Pasta with Meat Sauce Broccoli Apple String Cheese	April 14 NO SCHOOL
April 17 All-American Cheeseburger* Green Beans Fruit	April 18 Chicken Nuggets with BBQ Dipping Sauce & Twisted Garlic Breadstick* Baby Carrots Fresh Banana	April 19 Chicken Corndogs* Kettle-Baked Beans Fruit	April 20 Turkey Ham & Cheese Melt* Oven-Baked Spiral-Cut French Fries Apple	April 21 Lasagna Roll-Up* Capri Blend Veggies Pears Garlic Bread*
April 24 Oven-"Fried" Chicken Drumstick* & Waffle Stix* with Syrup Corn Fresh Orange	April 25 Beef & Cheese Nachos* with Salsa Black Beans Mixed Fruit	April 26 Bosco Stick* with Marinara Dipping Sauce California Blend Veggies Fresh Apple	April 27 Breaded Chicken Sandwich* Green Beans Fresh Apple	April 28 All-Beef Hot Dog Carrots Pears

BREAKFAST SERVED DAILY

MONDAY- CEREAL, MILK, FRUIT, JUICE, YOGURT, EGG/CHEESE OMELET

TUESDAY- BAGELS, CEREAL, MILK, FRUIT, JUICE, YOGURT

WEDNESDAY- MUFFINS, CEREAL, MILK, FRUIT, JUICE, YOGURT

THURSDAY- PANCAKE WRAP, CEREAL, MILK, JUICE, FRUIT, YOGURT

FRIDAY- STRAWBERRY PARFAITS, CEREAL, MILK, FRUIT, JUICE, YOGURT

SPECIAL BREAKFAST ITEM ON APRIL 28, 2017

WHOLE- GRAIN MINI CHOCOLAT DONUTS !!

Color My Plate: Earth Day and School Gardens

In 2017, Earth Day will be celebrated on Saturday, April 22. During this time of year, many schools are involved in projects that emphasize the importance of taking care of our planet. One activity that may interest your school is planting an edible garden. This is a great way to research and grow fruits and vegetables you can harvest and eat. Find out how to get started on your rainbow garden by visiting KidsGardening at www.kidsgardening.org.

