



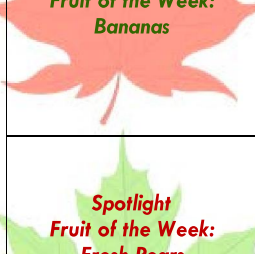
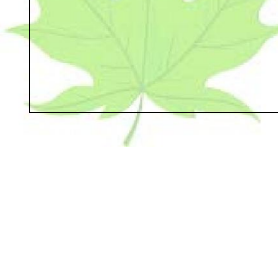


K-8 Lunch Smart Menu

September 2017



	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Spotlight Fruit of the Week: Bananas</p>	<p>Making the Most of Mealtime Research shows that students who eat healthy school meals generally get better grades and have fewer behavioral problems. Ceres Food Group, your school's food service partner, supports the educational process by providing wholesome and appetizing food to your students and staff. Stop by the cafeteria. We are happy to serve you.</p>				<p>September 1 Toasted Cheese Sandwich* with Tomato Soup & Cheddar Goldfish Crackers* California Blend Veggies Pears</p>
 <p>Spotlight Fruit of the Week: Fresh Pears</p>	<p>September 4</p> 	<p>September 5 Chicken Nuggets* with Twisted Garlic Breadstick* Baby Carrots Mixed Fruit</p>	<p>September 6 Beef Sloppy Joe on a Bun* Oven-Baked Spiral-Cut Fries Pineapple</p>	<p>September 7 Chicken Corndog* Kettle-Baked Beans Applesauce</p>	<p>September 8 Handcrafted Mac & Cheese* with Honey Wheat Dinner Roll* Sliced Carrots Pears</p>
 <p>Spotlight Fruit of the Week: Grapes</p>	<p>September 11 Grilled Chicken Sandwich* with Lettuce & Tomato Baby Carrots California Blend Veggies Peaches</p>	<p>September 12 BBQ Turkey Burger on a Bun* Corn Mixed Fruit</p>	<p>September 13 Greek-Style Chicken & Honey Wheat Dinner Roll* Brown Rice* Green Beans Snickerdoodle Cookie* Pineapple</p>	<p>September 14 Spaghetti* with Meatballs, Marinara & Garlic Bread* Broccoli Florets Applesauce</p>	<p>September 15 Pepperoni French Bread Pizza* Baby Carrots Strawberry-Kiwi Slushie Pears</p>
 <p>Spotlight Fruit of the Week: Bananas</p>	<p>September 18 Chicken Tenders* with BBQ Dipping Sauce & Breadstick* Broccoli Florets Peaches</p>	<p>September 19 Beef Fajitas with Tortillas*, Flame-Roasted Pepper & Onion & Salsa Baby Carrots Mixed Fruit</p>	<p>September 20 Breaded Chicken Sandwich* with Lettuce & Tomato Marinated Three-Bean Salad Corn Pineapple</p>	<p>September 21 Turkey Ham & Cheese Panini* Oven-Baked Spiral-Cut French Fries Applesauce</p>	<p>September 22 Cheesy Pizza* Capri Blend Veggies Pears</p>
 <p>Spotlight Fruit of the Week: Fresh Pears</p>	<p>September 25 Oven-"Fried" Chicken Drumstick* & Breadstick* Kettle-Baked Beans Peaches</p>	<p>September 26 Meatball Sub* with Marinara & Mozzarella & Garnish Cup California Blend Veggies Mixed Fruit</p>	<p>September 27 Bosco Stick* with Marinara Dipping Sauce Green Beans Pineapple</p>	<p>September 28 Cheesy Beefy Macaroni* & Honey Wheat Dinner Roll* Sweet Potato Puffs Applesauce</p>	<p>September 29 Teriyaki Chicken Brown Rice* Broccoli Florets Pears</p>

Served Each Day: Salad / Fresh Fruit / Sunbutter & Jelly Sandwich* with Yogurt

*=Item contains whole grains / L=Locally sourced
 Milk served with lunch contains no artificial growth hormones or antibiotics
 Menu is subject to change based on availability and quality of food items / This institution is an equal opportunity employer