


# January 2018 Sunrise Starters Menu

Monday	Tuesday	Wednesday	Thursday	Friday
January 1 	January 2 <b>NO SCHOOL</b>	January 3 <b>NO SCHOOL</b>	January 4 <b>NO SCHOOL</b>	January 5 <b>NO SCHOOL</b>
January 8 <b>Mini Chocolate Donuts*</b> Peaches	January 9 <b>Turkey Sausage &amp; Cheese Breakfast Sandwich*</b> Mixed Fruit	January 10 <b>Mini Maple Pancakes*</b> Pineapple	January 11 <b>Parfait with Oatmeal Bar*</b> Applesauce	January 12 <b>Cheese Omelet with Toast*</b> Pears
January 15 <b>NO SCHOOL</b>	January 16 <b>Breakfast Boat* with Turkey Bacon, Scrambled Eggs &amp; Cheese</b> Mixed Fruit	January 17 <b>French Toast Sticks* with Syrup</b> Pineapple	January 18 <b>Scrambled Eggs with Turkey Sausage &amp; Toast*</b> Applesauce	January 19 <b>Yogurt Parfait with Strawberries &amp; Granola*</b> Pears
January 22 <b>Pancake Wrap*^ &amp; Syrup</b> Peaches	January 23 <b>Breakfast Burrito* with Salsa</b> Mixed Fruit	January 24 <b>Cinnamon Raisin Bagel* with Cream Cheese</b> Pineapple	January 25 <b>Turkey Ham &amp; Cheese on Hawaiian Roll*</b> Applesauce	January 26 <b>Cheese Omelet with Toast*</b> Pears
January 29 <b>Cheesy Scrambled Eggs with Turkey Sausage &amp; Toast*</b> Peaches	January 30 <b>Mini French Toast* with Syrup</b> Mixed Fruit	January 31 <b>Yogurt Parfait (strawberry or peach) &amp; Granola*</b> Pineapple		

## ADDITIONAL ITEMS SERVED EACH DAY:

Blueberry or banana muffins\* / Assorted cereals\* / Yogurt cups / Fresh fruit / Bread\* / 100% apple juice and orange juice / Skim and 1% white milk with no artificial growth hormones or antibiotics / Jelly / Margarine

\*=Whole-grain item / ^=Item contains pork  
 Menu subject to change based on availability and quality of food items

**Make Eating School Breakfast a New Year's Resolution!**

