

# December 2017 Sunrise Starters Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>December 1</b> <b>Cheese Omelet with Toast*</b> Pears
<b>December 4</b> <b>Cheesy Scrambled Eggs with Turkey Sausage &amp; Toast*</b> Peaches	<b>December 5</b> <b>Mini French Toast* with Syrup</b> Mixed Fruit	<b>December 6</b> <b>Yogurt Parfait (strawberry or peach) &amp; Granola*</b> Pineapple	<b>December 7</b> <b>Bacon &amp; Egg Breakfast Square*</b> Applesauce	<b>December 8</b> <b>Blueberry Waffles* with Syrup</b> Pears
<b>December 11</b> <b>Mini Chocolate Donuts*</b> Peaches	<b>December 12</b> <b>Turkey Sausage &amp; Cheese Breakfast Sandwich*</b> Mixed Fruit	<b>December 13</b> <b>Mini Maple Pancakes*</b> Pineapple	<b>December 14</b> <b>Smoothie with Oatmeal Bar*</b> Applesauce	<b>December 15</b> <b>Cheese Omelet with Toast*</b> Pears
<b>December 18</b> <b>Cinnamon Rolls*</b> Peaches	<b>December 19</b> <b>Breakfast Boat* with Turkey Bacon, Scrambled Eggs &amp; Cheese</b> Mixed Fruit	<b>December 20</b> <b>French Toast Sticks* with Syrup</b> Pineapple	<b>December 21</b> <b>Scrambled Eggs with Turkey Sausage &amp; Toast*</b> Applesauce	<b>December 22</b> <b>Yogurt Parfait with Strawberries &amp; Granola*</b> Pears



## ADDITIONAL ITEMS SERVED EACH DAY:

Blueberry or banana muffins\* / Assorted cereals\* / Yogurt cups / Fresh fruit / Bread\* / 100% apple juice and orange juice / Skim and 1% white milk with no artificial growth hormones or antibiotics / Jelly / Margarine

\*=Whole-grain item / ^=Item contains pork  
 Menu subject to change based on availability and quality of food items

Thank you for eating  
 school breakfast.  
 We appreciate your interest.

