



# November 2017 Sunrise Starters Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>November 1</b> <b>Cinnamon Raisin Bagel* with Cream Cheese</b> Pineapple	<b>November 2</b> <b>Turkey Ham &amp; Cheese on Hawaiian Roll*</b> Applesauce	<b>November 3</b> <b>NO SCHOOL</b>
<b>November 6</b> <b>Cheesy Scrambled Eggs with Turkey Sausage &amp; Toast*</b> Peaches	<b>November 7</b> <b>Mini French Toast* with Syrup</b> Mixed Fruit	<b>November 8</b> <b>Yogurt Parfait (strawberry or peach) &amp; Granola*</b> Pineapple	<b>November 9</b> <b>NO SCHOOL</b>	<b>November 10</b> <b>NO SCHOOL</b>
<b>November 13</b> <b>Mini Chocolate Donuts*</b> Peaches	<b>November 14</b> <b>Turkey Sausage &amp; Cheese Breakfast Sandwich*</b> Mixed Fruit	<b>November 15</b> <b>Mini Maple Pancakes*</b> Pineapple	<b>November 16</b> <b>Smoothie with Oatmeal Bar*</b> Applesauce	<b>November 17</b> <b>Cheese Omelet with Toast*</b> Pears
<b>November 20</b> <b>Cinnamon Rolls*</b> Peaches	<b>November 21</b> <b>Breakfast Boat* with Turkey Bacon, Scrambled Eggs &amp; Cheese</b> Mixed Fruit	<b>November 22</b> <b>NO SCHOOL</b>	<b>November 23</b> 	<b>November 24</b>
<b>November 27</b> <b>Pancake Wrap*<sup>A</sup> &amp; Syrup</b> Peaches	<b>November 28</b> <b>Breakfast Burrito* with Salsa</b> Mixed Fruit	<b>November 29</b> <b>Cinnamon Raisin Bagel* with Cream Cheese</b> Pineapple	<b>November 30</b> <b>Turkey Ham &amp; Cheese on Hawaiian Roll*</b> Applesauce	

## ADDITIONAL ITEMS SERVED EACH DAY:

Blueberry or banana muffins\* / Assorted cereals\* / Yogurt cups / Fresh fruit / Bread\* / 100% apple juice and orange juice / Skim and 1% white milk with no artificial growth hormones or antibiotics / Jelly / Margarine

\*=Whole-grain item / ^=Item contains pork

Menu subject to change based on availability and quality of food items  
 This institution is an equal opportunity employer

## Jump-Start Your Day with School Breakfast!

